KNOXVILLE'S URBAN WILDERNESS

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Knoxville's Urban Wilderness Trails provide over 50 miles of trailheads. These trails connect parks, providing access to hiking, biking, and nature. The trails can be accessed at various points throughout the city.

TRAILS

Knoxville's Urban Wilderness Trails include the South Loop, the Battlefield Loop, and the River Loop. The South Loop is the most popular and is accessible to all users. The Battlefield Loop offers more challenging trails, while the River Loop offers trails that run alongside the Tennessee River.

TRAIL HEADS

Anderson School Trail
1480 PROSPECT PARK

Baker Creek Preserve
5302 MARGARET ROAD

PARKS ON THE RIVER WMA - AUGUSTA ROAD
3079 FORT DICKERSON ROAD

PARKS ON THE RIVER WMA - AUGUSTA QUARRY Trail Head
308 AUGUSTA ROAD

Jame Nature Center
1934 SCOTTISH GROUND

Jame Quarrons
3076 SCOTTISH GROUND

William Blaster Natural Area
1934 SCOTTISH GROUND

PARKS ON THE RIVER WMA - BURNETT CREEK ROAD
5307 BURNETT CREEK ROAD

Forks of the River WMA - BURNETT CREEK ROAD
3700 LANCASTER DRIVE

Forks of the River WMA - McCLURE LANE
3140 MCCLURE LANE

Ijams Nature Center
3140 MCCLURE LANE

Forks of the River WMA - Molasses Creek Preserve
5907 BURNETT CREEK ROAD

Forks of the River WMA - McCLURE LANE
5307 BURNETT CREEK ROAD

Additional trails are located at Fort Dickerson Park, River Bluff Natural Area, and Ijams Nature Center. These trails offer options for hikers, bikers, and nature enthusiasts.

TRAIL GUIDELINES

These trails are for walking, hiking, running, and biking only. No motorized vehicles or equipment are allowed. Most trails are single-track natural surface, though some include paved sections and short bypasses. Public restrooms are only available at Ijams Nature Center. Leave no trace, all pets must be leashed and under control. Riders traveling downhill yield to uphill riders unless otherwise posted. Pedestrians have right of way on multi-use trails – riders must yield to pedestrians when possible.

DOWNHILL TRAIL USERS

Downhill Mountain Bike is an extreme sport with inherent dangers. It is recommended that all riders wear appropriate gear. Trails contain technical features that challenge experienced riders and offer different skill levels. Trails include high banks, small drops, and technical features.

THREE RIVERS WILDLIFE MANAGEMENT

Special Regulations Apply

The Tennessee Wildlife Resources Agency has established special regulations for the management of wildlife resources. These regulations are designed to protect and conserve wildlife populations and ensure sustainable use of these resources.